

# District Track Meet Schedule

March 28, 2019

Little Elm Athletic Complex

Updated 3/7/19

## Schedule of Events

Heat sheets and packets will be laid out to check lane assignments at 2:30 inside field house (north end by scoreboard inside visitor locker room)  
3:15 Coaches Meeting in field house visitor's locker room

### 4:00 FIELD EVENTS begin

South Shot Ring 7G, 7B Girls 6 lb / Boys 4K  
North Shot Ring 8B, 8G Girls 6 lb / Boys 4K  
South Discus Ring 7B, 7G (1K) \*No Rubber Discus  
North Discus Ring 8G, 8B (1K) \*No Rubber Discus  
Long Jump North Pit 2 8G, 8B  
Long Jump South Pit 2 7B, 7G  
Triple Jump North Pit 1 8B, 8G  
Triple Jump South Pit 1 7G, 8B

**\*\* Each athlete will get three throws and three jumps.**

*\* Please note the MSTP page in notebook for tie breakers.*

Pole Vault 7G 5', 8G 5' 6", 7B 6', and 8B 7'  
High Jump 8B - 4'6", 7B - 4'4" - SOUTH End  
High Jump 7G - 4'0", 8G - 4'2" - NORTH End  
***HJ & PV will be run off like a regular competition.***

### 4:15

2400 - 7<sup>th</sup> girls and 8<sup>th</sup> girls will run together  
2400 - 7<sup>th</sup> boys and 8<sup>th</sup> boys will run together

### 5:00PM or 5:15PM

100m Hurdles (30") 7<sup>th</sup> Girls, 8<sup>th</sup> Girls

110m Hurdles (33") 7<sup>th</sup> Boys

110m Hurdles (36") 8<sup>th</sup> Boys

400m Relays 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys

800m Run 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys

100m Dash 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys

800m Relay 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys

400m Dash 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys

300m Hurdles (30") 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys

300m Hurdles (33") 8<sup>th</sup>, Boys

200m Dash 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys

1600m Run Combined by gender distinguished in some way (i.e., arm bands)

1600m Relay 7<sup>th</sup> Girls, 8<sup>th</sup> Girls, 7<sup>th</sup> Boys, 8<sup>th</sup> Boys

**Please no camps on the football field and no spikes in the bleachers. Please help us keep all food off of the field and track. All food and drinks must remain in the bleachers. All spectators must remain in the bleachers. All events may be watched from the bleacher area.**