

2021-2022



FAMILY GUIDE

LAKE DALLAS ISD
CHILD NUTRITION DEPARTMENT

Welcome Back!

NATIONAL SCHOOL LUNCH PROGRAM

Our lunch program offers a variety of hot and cold entrées, along with fresh fruit and vegetables. Lunch includes entrée of protein & whole grains, 2 servings of vegetables, fresh fruit and a choice of 1% white milk or fat free chocolate milk.

FREE BREAKFAST AND LUNCH

USDA has extended free breakfast and lunch to all Lake Dallas ISD students through the 2021-2022 school year. Extra items including snacks, beverages or second meals will be available at cost. Funds can be added to students lunch via Family Access. Cash or check accepted at point of sale.

MEALVIEWER MENUS

LDISD is going green! View our menus online by using the MealViewer app (scan QR code) or visit: schools.mealviewer.com

- Find daily or monthly menu items
- View nutritional information
- Filter menu for specific food allergens
- Access carbohydrate counts
- Rate menu items



LUNCH APPLICATIONS

Thanks to waivers granted by USDA, LDISD is able to provide FREE breakfast and lunch to all students for the 2021-2022 school year. However, we still encourage you to fill out an application for Free and Reduced Meal Eligibility to be qualified for additional benefits such as student fee waivers, P-EBT, and reduced college application fees. Applications can be completed in Family Access.

Families DO NOT need to complete an application if the following applies:

- Student (s) received a Letter of Direct Certification - via email or in Family Access

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This institution is an equal opportunity provider.