

LDISD Health Services
Updates to School Health Procedures
2021-22 School Year

LDISD continues to work with local and state health officials to monitor the spread of COVID-19 in our community. To learn more about the 2021-2022 COVID-19 response plans in Lake Dallas ISD, please click [here](#). To protect our students and staff members, our school health clinic procedures have changed to meet infection control measures required due to COVID-19.

- As always, please keep your child home from school and contact your healthcare provider if your child is sick. If your child has any of these symptoms that could be COVID-19 (listed below), please seek guidance from your healthcare provider regarding testing and isolation.

Symptoms of a possible COVID-19 infection include experiencing any of the following in a way that is abnormal:

feeling feverish or having a temperature of 100 degrees or higher, loss of taste or smell, cough, difficulty breathing, shortness of breath, fatigue, headache, chills, sore throat, congestion or runny nose, shaking or exaggerated shivering, significant muscle pain or ache, diarrhea, nausea or vomiting.

- We also recommend you contact your healthcare provider for guidance if your child has had close contact with anyone who has tested positive for COVID-19. At this time, per the district plan, quarantine will not be required as a result of exposure; however, we continue to encourage parents to follow the recommendations of your doctor as well as the [CDC](#).

- Students who develop fever or are suspected of having COVID-19 at school will be isolated in the health clinic and asked to wear a medical-grade face mask until they are picked up. Students should be picked up within 30 minutes and no later than 1 hour from the time the parent/guardian is contacted.

- Student visits to the clinic for minor complaints will continue to be limited. Some minor injuries/complaints may continue to be handled in the classroom, i.e., hunger, lost tooth, minor scrape.

- The use of over the counter (OTC) medications will also be limited. If your child requires medication or a special procedure at school, please contact your school nurse.

- During this COVID-19 pandemic, it is not recommended to use nebulizers in the school setting (NASN, July 22, 2020). Asthma treatments using inhalers with spacers are preferred over nebulizer treatments whenever possible (CDC FAQ, June 3, 2020). Your school nurse will work with you and your child's physician to develop an asthma plan for school.

We appreciate your cooperation in helping us keep our students and staff safe during this time!