

**LDISD Health Services**  
**Updates to School Health Procedures**  
**2020-21 School Year**

To protect our students and staff members, our school health clinic procedures are changing to meet infection control measures required due to COVID-19.

- Please **keep your child home if they are sick in any way**. Parents and guardians are expected to screen their students for COVID-19 symptoms each day prior to sending their students to school. This includes taking your child's temperature before school each day.

**Symptoms** of a possible COVID-19 infection include experiencing any of the following in a way that is abnormal:

feeling feverish or having a temperature of 100 degrees or higher, loss of taste or smell, cough, difficulty breathing, shortness of breath, fatigue, headache, chills, sore throat, congestion or runny nose, shaking or exaggerated shivering, significant muscle pain or ache, diarrhea, nausea or vomiting.

Keep your child home and contact your healthcare provider and your school nurse if your child has any of these symptoms.

- Please contact your school nurse prior to sending your child to school if he or she had close contact with anyone who has tested positive for COVID-19 or has symptoms consistent with COVID-19
- Students who develop COVID-19 symptoms at school will be isolated in the health clinic and asked to wear a medical-grade face mask until they are picked up. Students should be picked up within 30 minutes and no later than 1 hour from the time the parent/guardian is contacted.
- Student visits to the clinic for minor complaints and care will be limited. Some minor injuries and complaints will be handled in the classroom, i.e., hunger, lost tooth, minor scrape.
- The use of over the counter (OTC) medications will also be limited as students with any symptoms of COVID-19 will be required to follow public health officials' guidelines for isolation and quarantine. If your child requires medication or a special procedure at school, please contact your school nurse for updated forms and guidelines.
- During this COVID-19 pandemic, it is not recommended to use nebulizers in the school setting (NASN, July 22, 2020). Asthma treatments using inhalers with spacers are preferred over nebulizer treatments whenever possible (CDC FAQ, June 3, 2020). Your school nurse will work with you and your child's physician to develop an asthma plan for school.

**We appreciate your cooperation in helping us keep our students and staff safe during this challenging time!**