

Lake Dallas I.S.D.
School Health Advisory Council (SHAC)
School Health Advisory Council Bylaws

Article I: Authority

Section One. Statute and Policy. Each school district in the State is required in Chapter 28, Subchapter A-K, and Chapter 38.013 of the Texas Education Code, to establish and maintain a district-level school health advisory council. The School Health Advisory Council (SHAC) of the Lake Dallas Independent School District is specifically authorized by the Board of Trustees in District policy EHAA (legal).

Section Two. Limitations, The SHAC shall be an advisory body, and shall serve to provide guidance, recommendations, and other assistance to the Board of Trustees as is specifically listed in state law and District policy. The SHAC shall have no power to expend public funds, enter into contracts, or otherwise place obligation or liability upon the district.

Section Three. Bylaws. It shall be the responsibility of the Board of Trustees, upon the advice and counsel of the SHAC, to establish and amend the Bylaws.

Article II: Responsibilities

According to state law, District policy, and the direction of the Board of Trustees, the SHAC shall have the following responsibilities:

- A. To hold regular meetings.
- B. To meet periodically with the Board of Trustees.
- C. To provide advice and recommendations/counsel prior to decisions pertaining to the areas of health education curriculum appropriate for specific grade levels that may include a coordinated school health program designed to prevent obesity, cardiovascular disease, and Type II diabetes through coordination of: health education, physical education, nutritional services, parental involvement, staff wellness, environmental health, mental/emotional wellness, health services and emerging health issues.
- D. To consult regularly with the superintendent and his/her administration regarding the planning, implementation, and evaluation of the district coordinated school health program.

- E. To approve the district coordinated school health program, subject to adoption by the Board of Trustees.
- F. To consult with the Superintendent and his/her administration in advance of submitting issues, concerns, reports, and recommendations to the Board of Trustees.
- G. To advise and consult with the district in the development of a comprehensive health education curriculum.
- H. To provide a written annual report to the Board of Trustees on or before March 31 of each year.

Article III: Meetings

Section One. Regular Meetings. The SHAC shall conduct no less than four regular meetings a year, unless otherwise specified by the SHAC. If a meeting is cancelled, all attempts will be made to reschedule for another day during the month; however, if the meeting is not rescheduled, there will not be a make-up meeting scheduled. The regular meeting in September shall be considered the first meeting for the year.

Section Two. Public Hearings. Public hearings and other meetings with the public should be approved by the Board of Trustees in advance of such meetings. This will be coordinated through the SHAC Coordinator.

Section Three. Open Meetings. All meetings of the full SHAC shall be open to the public, and the public shall have reasonable opportunity to provide comment. The Chair may limit the time given to speakers. Committee meetings may be open to the public at the discretion of the Committee Chair.

Section Four. Quorum. A quorum shall be at least 40% of the current membership, as approved by the Board of Trustees. Meetings may still be held without a quorum for purposes of presentations or discussion. However, no actions or voting may take place without a quorum.

Section Five. Attendance. Member attendance shall be monitored by the Chairs, who shall work with members to try and resolve any attendance problems. Non-attendance for three consecutive meetings within a one-year period may result in removal. Members are encouraged to contact the Chair if they know they cannot attend a meeting.

Section Six. Decision-making. Members shall attempt to reach decisions by consensus. However, if a clear consensus cannot be obtained, members shall reach a decision by majority vote. Each member shall be entitled to one vote per item. Proxy voting and absentee ballots shall not be permitted; a member must be present to vote.

Section Seven. Agendas. Agendas shall be provided for all full SHAC meetings. Agenda items shall be determined by the Chair with input from the members.

Article IV: Membership

Section One. Membership Criteria. The membership composition of the SHAC shall comply with the following:

- A. Parents must live within the district, and must be a custodial parent or guardian of a student currently enrolled in a district school. Parents may not also be employees of the district.
- B. The Board of Trustees may also appoint one or more persons from each of the following groups: teachers, administrators, district students, health care professionals, business community, law enforcement, senior citizens, clergy, and nonprofit health organizations.
- C. Membership of the SHAC will strive to reflect the geographic, ethnic, gender and economic diversity of the District.
- D. The Superintendent shall serve in an ex-officio (non-voting) capacity.
- E. A representative of the Board of Trustees shall serve in an ex-officio (non-voting) capacity.

Section Two. Terms of Service. The term of service for an appointment shall be three years, normally beginning the first SHAC meeting in October. Terms will be staggered to maintain continuity on the SHAC. Parents and community members may serve a three- year appointment. Campus level staff and students may serve a three year term. Members may serve multiple terms.

Section Three. Confirmation by Board of Trustees. The Board of Trustees shall annually appoint a minimum of five members to the SHAC.

Section Four. Vacancies. The Board of Trustees delegates to the SHAC chair, pursuant to Article II of these Bylaws, the responsibility to fill any vacancies

that may occur after the Board has annually appointed the SHAC membership.

Section Five. Conflict of Interest. No individual shall be nominated for or hold a position on the SHAC if that individual has a direct pecuniary interest in the recommendations of that committee and decisions by the Board of Trustees. Even the appearance of a conflict of interest should be avoided if at all possible. A lone agenda item shall not be cause for the elimination of an individual's membership; however, any such individual shall refrain from participation in decisions and voting as to that issue.

Section Six. The Role of the Superintendent. The Superintendent and SHAC will work cooperatively. The Superintendent will ensure staff support as is necessary and reasonable and will participate without vote in the deliberations and activities of the SHAC.

Section Seven. Role of the Board Representative. The role of the Representative of the Board of Trustees is to observe without vote in deliberations and activities of the SHAC. The Board Representative shall not speak for the Board of Trustees unless a majority of the Board in a public meeting in accordance with the Texas Open Meetings Act has so directed. The Board Representative may actively participate in discussions by providing guidance as may be appropriate and by responding to questions to the best of his/her ability. The Board Representative will provide updates, verbal or written, to the Board as desirable; however, these updates shall not supplant the annual report to the Board of Trustees.

Section Eight. Size of Council. The SHAC will consist of no more than 25 members and no less than 10 members, with a majority being parents.

Article V: Officers

Section One. Terms of Service. The SHAC shall elect a Chair and Vice-Chair each to serve 3 year terms. A parent must serve as a Chair or Co-Chair.

Officers may serve consecutive terms in the same office. Officers will be selected in March and installed at the first September meeting of the SHAC.

Section Two. Responsibilities.

- A. The responsibilities of the Chair shall be to:
 - o Preside at all meetings of the SHAC.
 - o Appoint sub-committees as necessary.
 - o Serve as ex officio member of all sub-committees, without vote except the Nominating committee.
 - o Compile agendas, with member input, for all meetings of the SHAC.
 - o Perform other responsibilities as may be prescribed by the SHAC, which are in accordance with SHAC's authorizing statute, district policy, and direction of the Board.
- B. The responsibilities of the Vice-Chair shall be to:
 - o Preside at SHAC meetings in the absence of the Chair.
 - o Serve as ex officio member of all sub-committees, without vote except the Nominating committee.
 - o Serve as Chair-elect.
 - o Perform other responsibilities as may be prescribed by the SHAC, which are in accordance with SHAC authorizing statute, District policy, and direction of the Board.

Article VI: Sub-Committees.

Section Two. Sub-Committees. There may be one sub-committee for each of the following substantive areas as needed: Nutrition/Food Service, Physical Education and Activity, Health Education, Counseling/ Mental/Social Health, Student Health Services, Parent and Community Involvement, Healthy Environment, and Staff Health Promotion. All sub-committees will report directly to the SHAC.

- A. Sub-committees serve the SHAC's decision-making process. They gather information, analyze available data, make recommendations to the SHAC, and report to the SHAC. The SHAC may develop these recommendations into action items for a SHAC vote.
- B. Sub-committee members are not required to be SHAC members. LDISD employees may be appointed to sub-committees. School Health Services staff may also be appointed to sub-committees.
- C. Committees should strive for representation reflecting the diversity of the community served by LDISD.
- D. Sub-committees should be comprised of at least 2-3 members.

