

Lake Dallas I.S.D.
School Health Advisory Council Meeting
Minutes 11.6.2019

- ❖ Members: Alicia McKinley, parent, Chair; Matt Clark, SHAC District Coordinator, Vice-Chair; Stephanie Reese, LDISD Child Nutrition; Diane Ramirez, RN, LDISD Health Services Coordinator; Lisa Walraven, RN, nurse Lake Dallas Elementary; Angelica Perales, community member; Paige Anthony, parent; Marcie Townsen, parent; Veronica Bondurant, parent; Tamara Schantz, parent; Anna Duy, parent; Bry Kenney, John Fabro, LDMS STUCCO sponsor
- ❖ Meeting: LDISD Central Services Meeting Room E, 11.6.2019. Alicia McKinley called the meeting to order at 3:01 p.m.
- ❖ Attended: Lisa Neal, Veronica Bondurant, Diane Ramirez, Marcie Townsen, Bry Kenney, Stephanie Reese, Paige Anthony, Alicia McKinley, John Fabro, Priscilla Vinson, Kara Litzkow and Matt Clark.
- ❖ Agenda
 - The agenda was approved by the committee.
 - The minutes from our 9.18.2019 meeting were read by Ms. McKinley and approved by the committee.
- ❖ Stephanie Payne, Coordinator of Counseling, presented information about the district's vape prevention and intervention program. She cited statistics that show a rapid escalation in vaping related illness and deaths throughout the fall of this year. Our secondary campus are using "Catch My Breath", which is a free program, targeting students in grades 5-12. There are 4 lessons requiring approximately 30-40 minutes each. Currently, the program is used in connections with punishment for vape related offenses.
- ❖ Diane Ramirez, RN, Health Services Coordinator, informed the committee of changes made to the Allergy Plan. The existing plan said the district will eliminate food allergens. Ms. Ramirez and the campus nurses do not believe that is an achievable objective since students bring their own lunches and snacks to school. The wording now states that the district will minimize exposure to allergens, and address the needs of students individually. Ms. Reese, Director of Child Nutrition, assured the committee that her department uses no peanut products in preparing lunches.
- ❖ Mr. Fabro, Student Counsel Coordinator at Lake Dallas Middle School reported on their Drug, Alcohol, Safety and Health (DASH) committee. He emphasized their attempt to shift the focus from "dress-up days" to drug awareness and prevention during Red Ribbon Week. Mr. Fabro explained the details of the Falcon Endurance Challenge, which will be held on Saturday November 9th.
- ❖ The committee discussed topics of interest for the January 8th meeting. We hope to hear from Coach Walterschied about outside resources used in the health classes, such as Living Choices of North Texas. The committee ask for additional information about the implementation and effectiveness of the vape prevention program.
- ❖ Ms. McKinley adjourned the meeting at 4:09.