

Lake Dallas I.S.D.
School Health Advisory Council Meeting
Minutes 2.3.2021

- **Members:**

Alicia McKinley, Parent, Chair
Matt Clark, SHAC District Coordinator, Vice Chairperson
Larry Dominguez, Principal - LDE
Tamara Schantz, Parent
Paige Anthony, Parent
Veronica Bondurant-Fincher, Parent
Marcie Townsen, Parent
Leah Ellis, Parent
Diane Ramirez, Health Services Coordinator
Stephanie Reese, Director of Child Nutrition
Lisa Walraven, RN
John Fabro, STUCO Coordinator

- **Meeting:** Zoom Video Conference

- Larry Dominguez called the meeting to order at 3:19 PM.

- **In Attendance:**

Alicia McKinley, Paige Anthony, Veronica Bondurant-Fincher, Marie Townsen, Leah Ellis, Diane Ramirez, Stephanie Reese, Lisa Walraven, Kara Litzkow, Cindy McClendon, Debbie Gladden, Amy Rios, Larry Dominguez

- **Agenda**

- The 2.3.2021 Agenda was approved by the committee.
- The minutes from our 1.13.2021 meeting were approved by the committee.

- Nurse Ramirez gave a health/safety update

- Items Reviewed:
 - Current cases of the flu are low
 - Reviewed the Denton County health website, on which districts report COVID cases
 - No evidence of high transmission rate at school
 - Letters go out to stakeholders in the event of a reported positive case
 - Mitigating measures reviewed
 - Social distancing
 - Face coverings required
 - Sanitation stations
 - Safety measures follow CDC, Denton County Health, and TEA guidelines
 - Reviewed newest quarantine procedures, per Denton County Health

- Ms McClendon and Ms.Gladen gave a counselor update
 - Items Reviewed:
 - This year students are showing a need or reassurance
 - Characteristics of anxiety have been observed by the counselors during their interactions and visits with students
 - The counselors have seen a correlation between new safety protocols and more characteristics of anxiety being observed
 - There has been an increase in students being exposed to deaths in the family.
 - The counselors are continuing to offer coping skills, teach lessons, and monitor student wellness

- Secondary Athlete Breakfast Update
 - A concern was raised about how middle and high school students who have morning athletics are able to access breakfast
 - MS - Students have time between athletics and the start of the school day to get breakfast.
 - HS - Staff deliver food to athletes

- Larry Dominguez gave an update on the Communities in Schools (CIS) partnership
 - Items Reviewed:
 - CIS continues to conduct home visits, provide food and supplies, and offer small group opportunities (on campus and virtually) for students on the caseload.
 - CIS continues to guide parents in the process of getting counseling

- Ms. McKinley facilitated a discussion regarding the goal of SHAC moving forward
 - Items Reviewed:
 - Tap into community resources - via CIS
 - What additional opportunities can be made available to students?
 - How can SHAC facilitate any support for stakeholders?
 - Ms. McKinley shared the School Health Advisory Council Guide with the committee for review and discussion at future meetings.

- Ms. McKinley adjourned the meeting at 4:09