

Lake Dallas I.S.D.
School Health Advisory Council Meeting
Minutes 4.6.2021

- **Members:**

Alicia McKinley, Parent, Chair
Larry Dominguez, Principal - LDE
Tamara Schantz, Parent
Paige Anthony, Parent
Veronica Bondurant-Fincher, Parent
Marcie Townsen, Parent
Leah Ellis, Parent
Diane Ramirez, Health Services Coordinator
Stephanie Reese, Director of Child Nutrition
Lisa Walraven, RN
John Fabro, STUCO Coordinator

- **Meeting:** Zoom Video Conference

- Alicia McKinley called the meeting to order at 3:35 PM.

- **In Attendance:**

Alicia McKinley, Paige Anthony, Leah Ellis, Veronica Bondurant-Fincher, Diane Ramirez, John Fabro, Stephanie Reese, Lisa Walraven, Larry Dominguez

- **Agenda**

- The 4.6.2021 Agenda was approved by the committee.
- The minutes from our 2.3.2021 meeting were approved by the committee.

- **Review of 2020-2021 School Year**

- Mr. Dominguez gave a recap of the 2020-2021 school year meetings, which were held virtually on 9.23.2020, 11.11.2020, 1.13.2021, and 2.3.2021

- **5th Grade Annual Human Growth and Development Session**

- Nurse Ramirez reviewed the plan for the annual 5th grade human growth and development sessions that will be held in May.
 - Boys and girls will participate separately and will have an opportunity for confidential Q&A
 - Parents will be asked to opt in
- Ms. McKinley asked how 5th grade virtual learners will be included in the session.
 - Virtual learners will be invited to campus to participate in person - if the student opts to remain virtual, the nurse will send the materials to any virtual student whose parent opts them in.

- **Moving Forward**

- Ms. McKinley asked the following guiding questions:

- What are the basics of SHAC?
 - How can SHAC partner more with the community?
 - How can SHAC best support students and staff?
 - What opportunities are there to fill in gaps?
- Supplemental Insurance
 - Ms. McKinley asked about how supplemental insurance information is shared with parents.
 - Nurse Ramirez explained that the information goes through the trainers for 7th-12th graders in P.E. and athletics. She stated that she would talk to the trainers and follow up.
 - Ms. McKinley asked for this to be included in future agendas.
 - Ms. McKinley asked how injured students who are given supplemental insurance information are tracked and if the district knows who actually utilizes the insurance.
 - Nurse Ramirez explained that the insurer would be who would likely track the data but would check with the trainers and coaches. She also noted that the insurance is supplemental if the student is already on the plan and primary if the student is not covered.
- Summer Meals
 - Ms. McKinley asked if summer meals will be provided.
 - Ms. Reese stated that we will be providing meals to anyone from the community as is the typical practice for the summer. She explained that the district is awaiting guidance to determine how meals will be distributed. She noted that the USDA will announce whether we will continue to receive funding for the meals to continue to be free.
- Next School Year
 - Ms. Ellis asked what level of normalcy to expect for next school year.
 - Mr. Dominguez explained that Dr. Richardson from Denton County health explained that they will continue to track vaccination data, positive cases, hospitalizations, and deaths to determine what next year's guidance could look like.
- SHAC Goals
 - Ms. Bondurant-Fincher asked what our specific goals are moving forward.
 - Ms. McKinley explained that the purpose of the additional SHAC meeting was to talk about how we can steer our goals to play a more active role.
 - Ms. Reese stated that the lack of face-to-face communication has made this year and SHAC feel so different.
 - Ms. Bondurant-Fincher stated that we should work to increase the size of our SHAC.
 - Ms. Anthony asked if safety regarding strangers is ever discussed in school and Ms. Bondurant-Fincher asked if SROs are a part of this discussion.
 - Preliminary Goals
 - 1.) Increase the size of SHAC - variety of perspectives on committee
 - 2.) Tools to relieve anxiety (e.g. yoga, meditation, calm areas, etc.)
 - 3.) New Falcon 101, MS 101, HS 101 - top 5

- Next School Year
 - Ms. McKinley asked that we meet early next school year - perhaps after school starts.
 - The agenda will include an item that reviews past discussions.
- Action Items
 - Update on e-cigarette use
 - Update on supplemental insurance
- Ms. McKinley adjourned the meeting at 4:39