

Lake Dallas I.S.D.
School Health Advisory Council Meeting
Minutes 11.5.2015

- ❖ Members: Marvulous Gowens, parent, Chair: Matt Clark, SHAC district coordinator, Vice-chair: Charlotte Hicks, LDISD child nutrition: Karen Lawson, LDISD head nurse: Lynne Groves, nurse: Angelica Perales, community: Travis Cattell, parent, Lucy Phillips, parent: Stacy Webb, parent: Shirley Frase, parent: Anna Duy, parent: Rose Males, parent.
- ❖ Meeting: LDISD Central Services Meeting Room A, 11.5.2015. The meeting was called to order at 3:05 by Matt Clark.
- ❖ Attended: Marvulous Gowens, Charlotte Hicks, Matt Clark, Karen Lawson, Lynne Groves, Lucy Phillips, Anna Duy, Rose Males, Angelicas Perales
- ❖ Agenda
 - Meeting was called to order by Matt Clark at 3:05
 - Introductions were made
 - The minutes from our 9.17.15 meeting were read and approved.
 - Heather Johnson and Lindsay Edelman from the American Heart Association gave a report outlining some successful SHACs, which with they have worked in the past. One of the successful initiatives was “Taste it Tuesday”, which provides a unique fruit for students to sample on each Tuesday. Ms. Hicks said that it would be possible for us to implement such a program beginning in December 2015. They also mentioned the value of including a different member from each campus on the SHAC committee for the purpose of surveying needs and implementing SHAC initiatives. Ms. Edelman suggested building a “Heathy Lifestyles Committee” at each campus. Mr. Clark agreed to clear it with each building principal and then beginning building a committee of people passionate about heathy living. The campus committee’s purpose is to foster heathy living habits through focus on nutrition and exercise and help carry out SHAC initiatives.
 - Ms. Hicks presented the updated District Wellness Plan to the committee.
 - Mr. Clark gave a report on the Athletic Emergency Plan, which outlines the protocols for handling emergencies in each sport.
 - Ms. Frase reported (the day prior to the meeting) to Mr. Clark that she has taken a position at Corinth Elementary and therefore must be re-classified from “parent” to “teacher”. Since SHAC bylaws require either the chair or vice-chair to be a “parent”, Ms. Frase agreed to step down from the chair but to continue to serve on the committee. Ms. Gowens was nominated and approved as SHAC chair.
- ❖ The next meeting was scheduled for November 5, 2015.
- ❖ Meeting was adjourned at 4:05