

Lake Dallas I.S.D
School Health Advisory Council Meeting
Minutes 11.06.14

- ❖ Members: Marvulous Gowens, parent, Chair: Matt Clark, SHAC district coordinator, vice-chair: Charlotte Hicks, LDISD child nutrition: Karen Lawson, LDISD head nurse: Teresa Hardesty, counselor, Len Reeves, parent: Lynne Groves, nurse: Angelica Perales, parent: Anne Lehew, crisis counselor, Elisabeth Johnson, parent: Pete Krgysman, parent: Travis Cattell, parent, Lucy Phillips, parent, Lori Groves, parent, Stacy Webb, parent.
- ❖ Meeting: Shady Shores Elementary, 11.06.14. The meeting was called to order at 2:50 by Matt Clark
- ❖ Attended: Marvulous Gowens, Charlotte Hicks, Matt Clark, Anne Lehew, , Lucy Phillips, Lynne Groves, Pete Krgysman, Stacy Webb
- ❖ Agenda
 - Reviewed and approved minutes from 9.18.14 meeting.
 - Ms. Charlotte Hicks updated the committee on the LDISD Child Well Program which is currently being revised due to changes in federal food service guidelines. Ms. Hicks provided the committee with several handouts covering topics such as competitive foods, the use of non-food rewards, an overview of the USDA snack rule, nutrition standards for all foods sold in schools, and a chart with the national school lunch program meal pattern.
 - Ms. Anne Lehew reported on the activities held during “Red Ribbon”, which is an effort to encourage students to remain drug free. She presented some samples of the type of materials created by LDHS students during the week, which included “before and after” pictures that were created showing the devastating effects of drugs on people who appeared healthy only a couple of years prior.
 - The committee discussed articles on cameras used on buses to catch “red light runners”, the benefits on At-Risk students of using technology in the classroom, an article highlighting the positive influence a non-drinking friend can have on teens who might otherwise consume alcohol and an online resource that assist people in setting fitness goals, charting eating and exercise and monitoring weight.
 - Mr. Krgysman ask about the programs to partner troubled students with peers and Ms. Lehew agreed explain current programs at our January 7th meeting.
 - Mr. Clark announced that Ms. Perales will present information on personal nutrition and fitness at our next meeting.
- ❖ Meeting was adjourned at 3:30