

Lake Dallas I.S.D
School Health Advisory Council Meeting
Minutes, 9.18.14

- ❖ Members: Marvulous Gowens, parent, Chair: Matt Clark, SHAC district coordinator, vice-chair: Charlotte Hicks, LDISD child nutrition: Karen Lawson, LDISD head nurse: Teresa Hardesty, counselor, Len Reeves, parent: Lynne Groves, nurse: Angelica Perales, parent: Anne Lehew, crisis counselor, Elisabeth Johnson, parent: Pete Krgysman, parent: Travis Cattell, parent, Lucy Phillips, parent.
- ❖ Meeting: Shady Shores Elementary, 9.18.14. The meeting was called to order at 2:53 by Matt Clark
- ❖ Attended: Karen Lawson, Marvulous Gowens, Charlotte Hicks, Matt Clark, Angelica Perales, Anne Lehew, Travis Cattell, Lucy Phillips, Lynne Groves
- ❖ Agenda
 - Reviewed and approved minutes from 2.12.14 meeting
 - Presentation on “After School Programs” at the elementary campuses by Matt Clark. Tied this information to a TSHAC recommendation to increase the time students are involved in exercise and activity beyond school hours.
 - Looked at the TSHAC website and considered the committees proper role in making recommendations to the LDISD Board of Trustees.
 - Matt Clark told the committee to expect a report on the Drug and Alcohol Survey conducted at the high school in January of 2014.
 - Karen Lawson spoke about the plans to provide flu shots at each campus to be provided between Sept. 24th and Sept. 26th.
 - The committee briefly discussed articles about the increase use of hookahs by high school seniors and an article about suicide prevention policy. Anne Lehew reported about efforts at LDISD to standardize response to suicide ideation.
 - Charlotte Hicks offered to provide information concerning LDISD’s Wellness Policy at the next SHAC meeting. Anne Lehew offered to report on the activities of Red Ribbon Week which will be held shortly before the next meeting.
 - Travis Cattell ask what activities were counted into the 135 minutes of physical activity required by the Texas Education Code.
 - The next meeting date was set for November 6, 2014
- ❖ Meeting was adjourned at 3:30