

Lake Dallas I.S.D.
School Health Advisory Council Meeting
Minutes 11.9.2016

- ❖ Members: Marvlous Gowans, parent, Chair: Matt Clark, SHAC district coordinator, Vice-chair: Charlotte Hicks, LDISD child nutrition: Diane Ramirez, RN, LDISD Health Services Coordinator: Lynne Groves, RN, nurse Corinth Elementary : Angelica Perales, community: Paige Anthony, parent: Lucy Phillips, parent: Veronica Bondurant, parent: Tamara Schantz, parent: Anna Duy, parent: Rose Males, parent.

- ❖ Meeting: LDISD Central Services Meeting Room E, 11.09.2016. The meeting was called to order at 3:02 by Matt Clark.

- ❖ Attended: Charlotte Hicks, Matt Clark, Marvlous Gowans, Lucy Phillips, Anna Duy, Rose Males, Diane Ramirez, Veronica Bondurant, Paige Anthony, Angelica Perales, Sandie Fernandez, Stephanie Canales, Jenifer Lovejoy
- ❖ Agenda
 - Agenda was amended to remove the campus report from Shady Shores EL, then approved by the committee.
 - The minutes from our 9.15.16 meeting were read and approved.
 - Ms. Lovejoy provided the committee information about the counseling services available at the high school, which includes anything from worries over grades to suicide ideation and cutting. The counselors try to be a single point of contact for students by serving both academic and emotional needs. They also described the DARE program, PALS and Do Be Nice. The committee had several questions.
 - Mr. Clark also provided a preliminary report from the Drug and Alcohol Survey administered at the high school in February, 2016. The committee focused on the use of various drugs and specifically looked at tobacco and alcohol. We will take a deeper dive into the results when the final report is issued. The survey results aligned with the observations of Ms. Fernandez, Ms. Canales and Ms. Lovejoy in their counseling duties.
 - Mr. Clark also showed the committee our responsibilities under newly revised FFA(LOCAL). The committee should be involved in the development of the wellness plan for the District. Ms. Hicks said the plan, which was recently revised and approved in an audit by the US Department of Agriculture, will probably not be revised this school year.
 - The committee agreed to hear the report from Shady Shores, listen to a report on Marathon Kids program at Lake Dallas Elementary and hear from the DASH committee under John Fabro's direction at Lake Dallas Middle School at our next meeting, announced for January 5th.

- ❖ Meeting was adjourned at 3:55