

Lake Dallas I.S.D.
School Health Advisory Council Meeting
Minutes 9.13.2017

- ❖ Members: Marvlous Gowans, parent, Chair: Matt Clark, SHAC district coordinator, Vice-chair: Charlotte Hicks, LDISD child nutrition: Diane Ramirez, RN, LDISD Health Services Coordinator: Judy Lunsford, RN, nurse Lake Dallas Elementary : Angelica Perales, community: Paige Anthony, parent: Lucy Phillips, parent: Veronica Bondurant, parent: Tamara Schantz, parent: Anna Duy, parent: Rose Males, parent.
- ❖ Meeting: LDISD Central Services Meeting Room E, 9.13.2017. The meeting was called to order at 3:05 by Matt Clark.
- ❖ Attended: Charlotte Hicks, Matt Clark, Judy Lunsford, Lucy Phillips, Anna Duy, Diane Ramirez, Veronica Bondurant, Tamara Schantz, Paige Anthony, Angelica Perales, Marvlous Gowans, Lisa Walraven.
- ❖ Agenda
 - Agenda was approved by the committee.
 - The minutes from our 2.15.17 meeting were read and approved.
 - Ms. Lunsford reviewed the procedures used by Lewisville ISD human growth and development. Ms. Lunsford worked as a nurse for LISD for several years and has experience presenting the information to 5th grade boys and girls in separate settings. Lewisville presented the co-ed video from P & G School Programs entitled, “Always Changing, Puberty and Stuff”.
 - The committee viewed most of the coed video to determine its appropriateness.
 - Based on the information above the committee agreed to the following recommendations:
 - 1) Elementary school nurses will present a lesson on human growth and development to fifth grade students at each elementary campus. There will a session for boys and a separate session for girls. Both groups will view the co-ed video.
 - 2) Students will be allowed to submit questions on note cards at the conclusion of the presentation.
 - 3) Students must return a signed form from their parent, which will explain the lesson, its purpose and provide a link to the video.
 - 4) School nurses will work with campus principals to schedule a time and date to present the lessons. The boys and girls session should be scheduled for the same day if possible.
 - 5) School nurses will develop the appropriate parent permission form and instructions for the presentation to ensure consistency across the district.
 - 6) School nurses will also develop a letter to send home with fourth grade students outlining the program presented to the fifth graders. The letter will contain a link to the videos and explanation that parents of students who are early to mature may want to use the videos to have discussions at home about the subject.
 - Mr. Clark agreed to email the notes to the committee allowing members to make suggestions for corrections or clarifications. He will then talk with elementary campus principal’s about the SHAC’s recommendation.
- ❖ Meeting was adjourned at 4:11