

**Lake Dallas I.S.D.**  
**School Health Advisory Council Meeting**  
**Minutes 11.8.2017**

- ❖ Members: Marvlous Gowans, parent, Chair: Matt Clark, SHAC district coordinator, Vice-chair: Charlotte Hicks, LDISD child nutrition: Diane Ramirez, RN, LDISD Health Services Coordinator: Judy Lunsford, RN, nurse Lake Dallas Elementary : Angelica Perales, community: Paige Anthony, parent: Lucy Phillips, parent: Veronica Bondurant, parent: Tamara Schantz, parent: Anna Duy, parent: Rose Males, parent.
  
- ❖ Meeting: LDISD Central Services Meeting Room E, 11.08.2017. The meeting was called to order at 3:00 by Matt Clark.
  
- ❖ Attended: Charlotte Hicks, Matt Clark, Judy Lunsford, Lucy Phillips, Anna Duy, Diane Ramirez, Veronica Bondurant, , Paige Anthony, Lisa Neal, Marvlous Gowans, Mollie Avelino, Mark Ruggles, Rose Males, Alicia McKinley
- ❖ Agenda
  - Agenda was approved by the committee.
  - The minutes from our 9.13.17 meeting were read and approved.
  - Ms. Mollie Avelino, Associate Principal, Lake Dallas High School presented information on Drug Awareness. A similar presentation was made to the high school staff on October 16<sup>th</sup>. Ms. Avelino emphasized that the percentage of students involved in bringing drugs to school was extremely low, but the high school has made efforts to educate teachers regarding noticing possible signs and symptoms. She showed pictures of several homemade pipes and ingenious tools students have used to conceal drugs at school. She also mentioned the changing landscape of drugs in American today. She stated that drugs are much stronger and therefore more dangerous to the users than in previous years. The high school's philosophy on drug education is to tie the message to health benefits because drug messages on moral grounds tend to be ignored.
  - Dr. Mark Ruggles informed the committee of training at the high school on October 16<sup>th</sup> on suicide prevention. The presentation was provided by the Grant Halliburton Foundation. He also reported on similar efforts at the middle school led by Community in Schools. Dr. Ruggles provided handouts on resources offered by the Halliburton Foundation, a brochure explaining what to look for and what to know about suicide, and a list of resources provided by the school district to make people aware of community resources.
  - Mr. Clark gave the committee an update on the plan for human growth and development for 5<sup>th</sup> grade students, which was the subject of the September 13<sup>th</sup> SHAC meeting.
  - Ms. Rose Males suggested looking at policy and training relating to proper student-teacher relationships for a discussion topic at our January 10, 2018 meeting.
- ❖ Meeting was adjourned at 4:10