

Lake Dallas I.S.D.
School Health Advisory Council Meeting
Minutes 1.16.2019

- ❖ Members: Marvlous Gowans, parent, Chair; Matt Clark, SHAC District Coordinator, Vice-Chair; Charlotte Sons, LDISD Child Nutrition; Diane Ramirez, RN, LDISD Health Services Coordinator; Lisa Walraven, RN, nurse Lake Dallas Elementary; Angelica Perales, community member; Paige Anthony, parent; Lucy Phillips, parent; Veronica Bondurant, parent; Tamara Schantz, parent; Anna Duy, parent; Rose Males, parent; Meredith Henson, parent; Alicia McKinley, parent; John Fabro, LDMS STUCCO sponsor
- ❖ Meeting: LDISD Central Services Meeting Room E, 1.16.2019. Marvlous Gowans called the meeting to order at 3:04 p.m.
- ❖ Attended: Lisa Walraven, Veronica Bondurant, Tamara Schantz, , Diane Ramirez, Marvlous Gowans, Marvel Brown, Kara Litzkow, Alice Zamora
- ❖ Agenda
 - The agenda was approved by the committee.
 - The minutes from our 11.7.18 meeting were read by Ms. Gowans, corrected and approved with corrections.
- ❖ Ms. Alice Zamora, Lake Dallas Middle School Communities-in-Schools (CIS) caseworker, provided the committee an overview of Communities-in-Schools. Site coordinators have their own group of students based on identification as “At Risk”. We have approximately 100 students and Lake Dallas Middle School currently being served by the program. The program focuses on academic and behavioral needs. It is funded by multiple grants. CIS also provides social services to provide food, clothes and other items to students in need. They also work with outside agencies such as the Spirit of Christmas. CIS serves six school districts in the North Texas Area. Ms. Zamora answered several questions from the committee.
- ❖ Ms. Brown presented the Sandy Hook Update PowerPoint, which outlines our progress towards implementing “Start with Hello”, “Signs of Suicide”, and “Say Something”. The committee asked about parent information for the programs. Ms. Zamora told the committee that the approval forms were mailed home today for 6th grade students at Lake Dallas Middle School for the “Signs of Suicide” program.
- ❖ Meeting was adjourned at 3:34 p.m.